

**Mental Health Tribunal**

**Quarterly Activity Report**

**1 October to 31 December 2021**

Contents

[**1. Tribunal hearings** 3](#_Toc85702122)

[1.1 Hearings conducted 3](#_Toc85702123)

[1.2 Adjourned hearings 4](#_Toc85702124)

[1.3 Reasons for adjournments with extension of Order 4](#_Toc85702125)

[**2. Treatment Order Hearings** 5](#_Toc85702126)

[2.1 Treatment Orders made and revoked by the Tribunal 5](#_Toc85702127)

[2.2 Comparison of Treatment Orders made and revoked 5](#_Toc85702128)

[2.3 Duration of Treatment Orders made 6](#_Toc85702129)

[2.3.1 Duration of Community Treatment Orders made 6](#_Toc85702130)

[2.3.2 Comparison of Community Treatment Orders made 6](#_Toc85702131)

[2.3.3 Duration of Inpatient Treatment Orders 7](#_Toc85702132)

[2.3.4 Comparison of Inpatient Treatment Orders made 7](#_Toc85702133)

[**3. ECT Orders** 8](#_Toc85702134)

[3.1 Elapsed time from receipt of ECT application to hearing 8](#_Toc85702135)

[3.2 Comparison of elapsed time from receipt of ECT application to hearing 8](#_Toc85702136)

[3.3 Outcomes of ECT hearings 9](#_Toc85702137)

[3.4 Comparison of Tribunal ECT determinations 9](#_Toc85702138)

[3.5 Duration of ECT Orders 10](#_Toc85702139)

[3.6 Comparison of ECT Order duration 10](#_Toc85702140)

[3.7 Number of treatments authorised by ECT Orders 11](#_Toc85702141)

[3.8 Comparison of treatments authorised by ECT Orders 11](#_Toc85702142)

[**4. Participation at hearings** 12](#_Toc85702143)

[**5. Patient demographics** 13](#_Toc85702144)

[5.1 Treatment Order hearings 13](#_Toc85702145)

[5.1.1 Treatment Order hearings conducted, by age and gender 13](#_Toc85702146)

[5.1.2 Treatment Orders made and revoked, by age 13](#_Toc85702147)

[5.1.3 Treatment Orders made and revoked, by gender 14](#_Toc85702148)

[5.2 ECT hearings 14](#_Toc85702149)

[5.2.1 ECT hearings conducted, by age and gender 14](#_Toc85702150)

[5.2.2 ECT Orders made and refused, by age 15](#_Toc85702151)

[5.2.3 ECT Orders made and refused, by gender 15](#_Toc85702152)

[**6. Feedback** 16](#_Toc85702153)

*Notes about the MHT Quarterly Activity Report:*

To enable the community to be informed of the practical operation of the *Mental Health Act 2014* (the Act) the Mental Health Tribunal (the Tribunal) is committed to providing regular and detailed information about the decisions it makes concerning compulsory mental health treatment. Quarterly Activity Reports are produced for the first three quarters of each financial year and the Annual Report captures the full financial year.

# **1. Tribunal hearings**

Between 1 October and 31 December 2021, the Tribunal conducted 2,484[[1]](#footnote-2) hearings. There were a further 1,611 matters which were listed for a hearing but did not proceed, usually as a result of the patient’s Order being revoked (cancelled) or the hearing being rescheduled to another date to facilitate the participation of parties. Of the 2,484 hearings conducted in this period, 84% (2,094) were determined and 16% (390) were adjourned.

## 1.1 Hearings conducted

The number of hearings conducted, as well as the split between hearings with a determination and adjournment, has remained relatively consistent over recent quarters.

## 1.2 Adjourned hearings

Hearings can be adjourned to a later date with or without the patient’s Order being extended. The proportion of hearings adjourned with an Order extension was 80% between October and December 2021.

## 1.3 Reasons for adjournments with extension of Order

A patient’s hearing can be adjourned, and their Temporary Treatment Order or Treatment Order extended by a maximum of 10 business days if the Tribunal is satisfied that exceptional circumstances exist.

# **2. Treatment Order Hearings**

## 2.1 Treatment Orders made and revoked by the Tribunal

In any hearing concerning a Temporary Treatment Order or Treatment Order, the Tribunal must decide whether to revoke an Order or make a further Treatment Order. If it makes a Treatment Order the Tribunal must decide whether it will commence as an Inpatient or Community Treatment Order, based on the circumstances at the time of the hearing.

Between October and December 2021, the Tribunal conducted 1,858 Treatment Order hearings. In these hearings the Tribunal made 1,153 Community Treatment Orders, 591 Inpatient Treatment Orders and revoked 114 Orders.

## 2.2 Comparison of Treatment Orders made and revoked

## 2.3 Duration of Treatment Orders made

When the Tribunal makes an Order, the Tribunal must also set the duration of the Order. Inpatient Treatment Orders for adults can have a maximum duration of six months (26 weeks) and Community Treatment Orders for adults can have a duration of up to 12 months (52 weeks). Inpatient and Community Treatment Orders for children can have a maximum duration of 3 months.

### 2.3.1 Duration of Community Treatment Orders made

### 2.3.2 Comparison of Community Treatment Orders made

### 2.3.3 Duration of Inpatient Treatment Orders

### 2.3.4 Comparison of Inpatient Treatment Orders made

# **3. ECT Orders**

## 3.1 Elapsed time from receipt of ECT application to hearing

The Tribunal must list and complete the hearing of an application for an ECT Order as soon as practicable and within five business days after receiving the application. The Tribunal Registry seeks to balance considerations of clinical urgency alongside procedural fairness and allowing people reasonable time to prepare for a hearing.

## 3.2 Comparison of elapsed time from receipt of ECT application to hearing

## 3.3 Outcomes of ECT hearings

The Tribunal heard 151 applications for ECT Orders between October and December 2021. Of those, 133 (88%) ECT Orders were made and 18 (12%) ECT applications were refused.

## 3.4 Comparison of Tribunal ECT determinations

## 3.5 Duration of ECT Orders

When making an ECT Order, the Tribunal must set the duration of the Order up to a maximum of six months (26 weeks).

## 3.6 Comparison of ECT Order duration

## 3.7 Number of treatments authorised by ECT Orders

When making an ECT Order, the Tribunal must authorise a maximum number of treatments that can be administered up to a maximum of 12.

## 3.8 Comparison of treatments authorised by ECT Orders

# **4. Participation at hearings**

The Tribunal is committed to promoting and encouraging the participation of patients and the people who support them in hearings. The Tribunal seeks to maximise the notice period as much as possible to allow people to participate.

# **5. Patient demographics**

The following information provides patient demographic information for hearings conducted between October and December 2021. The Tribunal receives patient demographic information from the CMI/ODS system which has limited fields for the recording of gender. When the Tribunal becomes aware a patient’s gender identity is different to what is recorded, we make every effort to ensure that our documentation and communications with them reflect their identity, but we are unable to adjust the demographic records.

## 5.1 Treatment Order hearings

### 5.1.1 Treatment Order hearings conducted, by age and gender

### 5.1.2 Treatment Orders made and revoked, by age

### 5.1.3 Treatment Orders made and revoked, by gender

## 5.2 ECT hearings

### 5.2.1 ECT hearings conducted, by age and gender

### 5.2.2 ECT Orders made and refused, by age

### 5.2.3 ECT Orders made and refused, by gender

# **6. Feedback**

During the quarter, the Tribunal received three complaints. The complaints related to –

* Two complaints about the conduct of a hearing
* One complaint about technical difficulties in a hearing

One of these complaints is awaiting further information to finalise our response. Two complaints have been responded to in accordance with the Tribunal’s feedback and complaints process which is available on the Tribunal’s website.

1. Total of all Tribunal hearings including Treatment Order, ECT and other hearings. [↑](#footnote-ref-2)