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| **Young person’s name:** |
| **Address:** |
| **Consultant Psychiatrist:** |
| **Medical Officer:** |
| **Case Manager (or equivalent role):** |
| **Tribunal hearing date:** |

**Please read the instructions and guidelines that the Tribunal has issued before completing this report.**

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| **Part One: Background** |

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| **1.1 Is the young person being supported by a carer, family, friend/s, guardian, or nominated person?** |  |
| **If ‘Yes’, please list their names and relationship to the young person.** | |
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| **1.2 What is the young person’s current diagnosis?** |
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| **1.3 Describe the young person’s current clinical presentation and, if applicable, outline the circumstances leading to their current admission.** |
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| **1.4 Has the young person previously been treated with ECT? If yes, please give details as to when, type of ECT and how often and describe the effectiveness/ outcome of this previous treatment (including beneficial and adverse effects).** |
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| **1.5 List all current medications (psychotropic and general).** |
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| **1.6 Give a description of the young person’s physical health. Are there any physical or anaesthetic risks that need to be considered? List all medical conditions.** |
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**Please complete either Part Two or Part Three.**

**Part Two: Criteria for ECT – young person with capacity**

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| Section 94(1)(a) of the *Mental Health Act* 2014 (“the Act”) provides that an authorised psychiatrist must apply to the Mental Health Tribunal before performing ECT on a young person who is a patient (compulsory, security or forensic) if the patient has given informed consent in writing to the performance of a course of ECT treatment on himself or herself. |

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| **2.1 If the young person has given informed consent in writing to the performance of ECT on himself or herself, give details as to the young person’s capacity to give informed consent and details of how the informed consent was obtained (see sections 68 and 69). (Please attach the written consent.)** |
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**Part Three: Criteria for ECT – young person unable to provide informed consent**

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| Section 94(1)(b) provides that an authorised psychiatrist must apply to the Mental Health Tribunal before performing ECT on a young person who is a patient (compulsory, security or forensic) if the patient does not have the capacity to give informed consent (see section 68(1)) but the authorised psychiatrist is satisfied in the circumstances that there is no less restrictive way for the young person to be treated. |

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| **3.1 If the young person does not have capacity to give informed consent, explain why this is the case having regard to the definition of capacity to give informed consent in section 68 and the presumption of capacity in section 70.** |
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| **3.2 What are the views and preferences of the young person in relation to ECT and any beneficial alternative treatments that are reasonably available? What are the reasons for those views or preferences (including any recovery outcomes the young person would like to achieve)? (Attach advance statement, if any.)** |
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| **3.3 If the young person has a nominated person, what are their views on the proposed ECT treatment?** |
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| **3.4 What are the views of the young person’s parent (if the young person is under 16 years) and/or carer?** |
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| **3.5 If the young person is the subject of a custody to Secretary order or a guardianship to Secretary order, has the Secretary to the Department of Human Services been informed and provided any advice? If yes, please provide details.** |
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| **3.6 What are the likely consequences for the patient if ECT is not performed? Refer to current mental state, current and past symptoms. You must include a summary of the evidence being relied upon (e.g. a description of symptoms and when they were observed and/or any supporting assessments).** |
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| **3.7 Describe the anticipated outcomes (both beneficial and adverse) if ECT was performed. Include details as to particular risks for the young person and what measures will be taken to reduce these risks and review the risks.** |
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| **3.8 What other treatment does the young person require (other than ECT and the medication listed at 1.5)?** |
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| Under section 79 of the Act, a patient (or a person on behalf of a patient) may seek a second psychiatric opinion at any time. If the patient has not requested a second opinion, there is no need to obtain one specifically for the Tribunal hearing. If a second opinion has been requested but is still being prepared, an ECT application can still be made. |

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| **3.9 Has a second psychiatric opinion been obtained?** |  |
| **What was the opinion and if you do not agree with the second opinion, please give details as to why? (Please attach second opinion, if any.)** | |
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| **3.10 Based on your consideration of the above questions, explain why have you concluded ECT is the least restrictive treatment for the young person?** |
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| **Part Four: Proposed Course of ECT** |

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| **4.1 How many treatments (up to a maximum of 12) do you propose to perform during the course of ECT? Give details as to why the number of treatments is proposed.** |
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| **4.2 What is the proposed timeframe (up to a maximum of six months) for the ECT course? Give details as to why the timeframe is proposed.** |
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| **Signed:** | |  | | |
| **Print name:** | |  | **Date:** |  |
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| **PATIENT RECEIPT OF REPORT** | | | | |
| If possible, please ask the patient to sign below to indicate they have received and read this Report. | | | | |
| **Signed:** |  | | **Date:** |  |

*Last updated: July 2014*